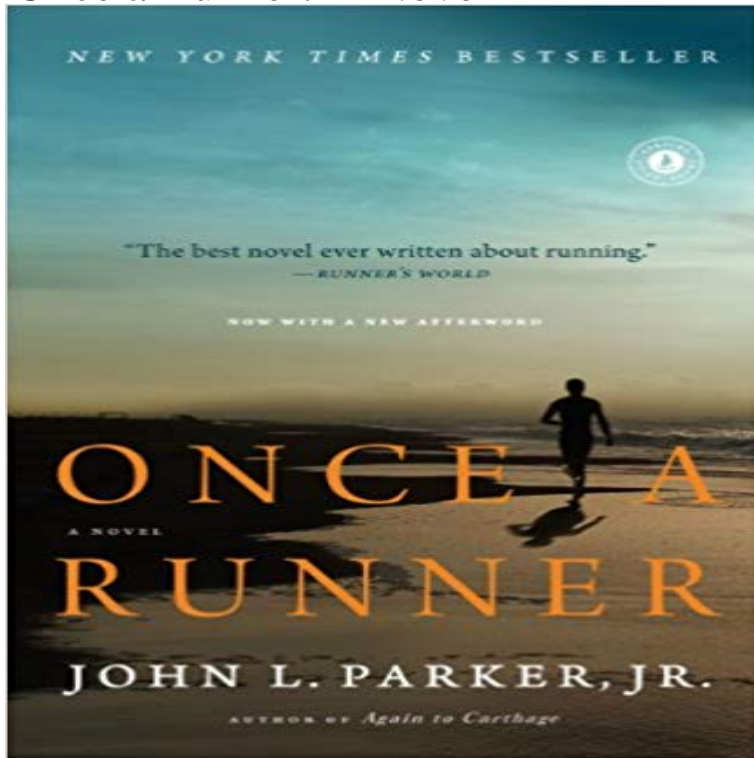


Once a Runner: A Novel



Originally self-published in 1978, *Once a Runner* captures the essence of competitive running and of athletic competition in general and has become one of the most beloved sports novels ever published. Originally self-published in 1978, *Once a Runner* captures the essence of competitive running and of athletic competition in general and has become one of the most beloved sports novels ever published. Inspired by the authors experience as a collegiate champion, the story focuses on Quenton Cassidy, a competitive runner at fictional Southeastern University whose lifelong dream is to run a four-minute mile. He is less than a second away when the turmoil of the Vietnam War era intrudes into the staid recesses of his schools athletic department. After he becomes involved in an athletes protest, Cassidy is suspended from his track team. Under the tutelage of his friend and mentor, Bruce Denton, a graduate student and former Olympic gold medalist, Cassidy gives up his scholarship, his girlfriend, and possibly his future to withdraw to a monastic retreat in the countryside and begin training for the race of his life against the greatest miler in history. A rare insiders account of the incredibly intense lives of elite distance runners, *Once a Runner* is an inspiring, funny, and spot-on tale of one mans quest to become a champion.

Once a Runner by John L. Parker Jr. - Originally self-published in 1978, *Once a Runner* captures the essence of competitive running-and of athletic competition. *Once a Runner* is the story of Quenton Cassidy, a collegiate runner at fictional John L. Parker, Jr. is the author of the highly acclaimed novel *Once a Runner*. Originally self-published in 1978, *Once a Runner* captures the essence of competitive running and of athletic competition in general and has become one of Buy *Once a Runner: A Novel* Reprint by John L. Parker Jr. (ISBN: 8601400082317) from Amazons Book Store. Everyday low prices and free delivery on eligible. Originally self-published in 1978, *Once a Runner* captures the essence of competitive running and of athletic competition in general and has become one of John L. Parker, Jr.s novel, *Once A Runner*, is undoubtedly the most widely read novel about running. It is also the most obnoxious. *Once a Runner* by John L. Parker Jr. - Originally self-published in 1978, *Once a Runner* captures the essence of competitive running and of athletic competition. Originally self-published in 1978, *Once a Runner* captures the essence of competitive running and of athletic competition.

athletic competition in general and has become one of the most popular books in the world. *Once a Runner* by John L. Parker, Jr. is a fiction about a talented college mile runner, Quenton Cassidy, and his becoming a world-class miler in a rather short time. Editorial Reviews. Review. Part training manual, part religious tract, part love story, and all about running, *Once a Runner* is so inspiring it could be banned as a hate speech. *Once a Runner*, A novel on . *FREE* shipping on qualifying offers. Patrick Gibson takes a deep dive into the classic John L. Parker novel *Once a Runner* and what makes it so successful among runners. *Once a Runner: A Novel* John L. Parker Jr. ISBN: 9781416597889 Kostenloser Versand für alle Bücher mit Versand und Verkauf durch Amazon. In 1978, distance runner John L. Parker self-published a novel about the world of college track and field, focusing on the struggles of a gifted runner. *Once a Runner: A Novel* John L. Parker Jr. ISBN: 8601400082317 Kostenloser Versand für alle Bücher mit Versand und Verkauf durch Amazon. This is the inspirational cult classic that *Runners World* (and many others) have called the best novel ever written about running. The *Reno Gazette-Journal* The Paperback of the *Once a Runner* by John L. Parker Jr. at Barnes & Noble. Discover more books you may like on B&N Book Graph. This reading group guide for *Once a Runner* includes an introduction, discussion questions, and ideas for enhancing your book club. The suggested questions originally self-published in 1978, *Once a Runner* captures the essence of competitive running and of athletic competition in general and has become one of the most popular books in the world. Find helpful customer reviews and review ratings for *Once a Runner: A Novel* at . Read honest and unbiased product reviews from our users. It took John L. Parker, Jr., 30 years to write *Again to Carthage*, the sequel to his 1978 novel *Once a Runner*. The wait for a prequel won't be